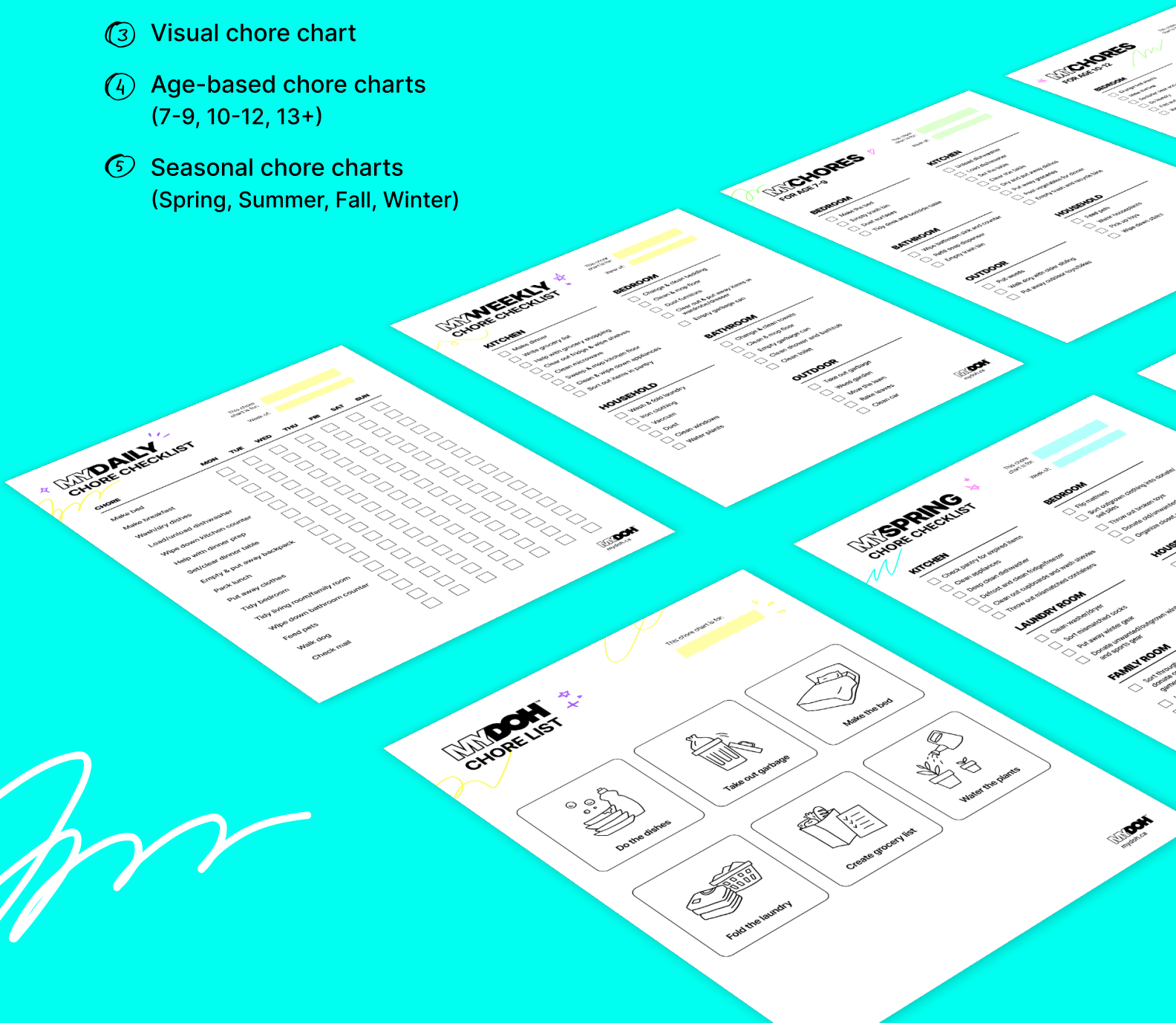




10 CHORE CHARTS

FOR KIDS AND TEENS

- ① Daily chore chart
- ② Weekly chore chart
- ③ Visual chore chart
- ④ Age-based chore charts (7-9, 10-12, 13+)
- ⑤ Seasonal chore charts (Spring, Summer, Fall, Winter)





10 CHORE CHARTS

FOR KIDS AND TEENS



As a parent, it's easy to see the benefits of assigning chores to your kids. Not only does it ease your own workload, chores help teach your kids practical skills, build a strong work ethic, and increase their level of responsibility as they mature. While kids may not be so easily convinced on the merits of household chores, they can surely appreciate the sense of accomplishment that comes with doing a good job – even more so if it comes with an allowance.

Benefits aside, there's no getting around the tricky part of getting your kids to do chores without a massive struggle. You may wonder: what are the most appropriate chores for your kids' ages? Is it possible to assign too many (or too few)? How can you best communicate your expectations?

Mydoh's handy chore charts can help simplify the process for both you and your kids. We've developed three age-based chore charts that list tasks most appropriate for seven- to nine-year-olds, 10- to 12-year-olds (tweens), and 13-and older (teens.) You can also make use of our handy seasonal charts for spring, summer, fall, and winter that list duties specific to each time of year.

Chore charts take the guesswork out of which chores to assign, and can relieve you from constantly reminding your kids to finish their tasks (something you both can appreciate.) Simply print off the relevant chore chart and indicate which chores need to be completed. You can even give your kids the option to choose their own so they feel more in control over what they have to do. Once each task is "checked off" on the chart, all that's left is to thank them for a job well done.



MYDAILY CHORE CHECKLIST

This chore chart is for:

Week of:

CHORE	MON	TUE	WED	THU	FRI	SAT	SUN
Make bed	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Make breakfast	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Wash/dry dishes	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Load/unload dishwasher	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Wipe down kitchen counter	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Help with dinner prep	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Set/clear dinner table	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Empty & put away backpack	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Pack lunch	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Put away clothes	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Tidy bedroom	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Tidy living room/family room	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Wipe down bathroom counter	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Feed pets	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Walk dog	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Check mail	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

MYWEEKLY CHORE CHECKLIST



This chore
chart is for:

Week of:

KITCHEN

- Make dinner
- Write grocery list
- Help with grocery shopping
- Clear out fridge & wipe shelves
- Clean microwave
- Sweep & mop kitchen floor
- Clean & wipe down appliances
- Sort out items in pantry

HOUSEHOLD

- Wash & fold laundry
- Iron clothing
- Vacuum
- Dust
- Clean windows
- Water plants

BEDROOM

- Change & clean bedding
- Clean & mop floor
- Dust furniture
- Clear out & put away items in wardrobe/dresser
- Empty garbage can

BATHROOM

- Change & clean towels
- Clean & mop floor
- Empty garbage can
- Clean shower and bathtub
- Clean toilet

OUTDOOR

- Take out garbage
- Weed garden
- Mow the lawn
- Rake leaves
- Clean car

MYVISUAL CHORE CHECKLIST



This chore chart is for:



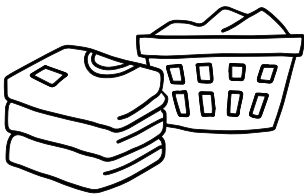
Do the dishes



Take out garbage



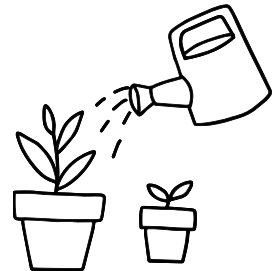
Make the bed



Fold the laundry



Create grocery list



Water the plants



MYCHORES



FOR AGE 7-9

This chore chart is for:

Week of:

BEDROOM

- Make the bed
- Empty trash bin
- Dust surfaces
- Tidy desk and bedside table

BATHROOM

- Wipe bathroom sink and counter
- Refill soap dispenser
- Empty trash bin

OUTDOOR

- Pull weeds
- Walk dog with older sibling
- Put away outdoor toys/bikes

KITCHEN

- Unload dishwasher
- Load dishwasher
- Set the table
- Clear the table
- Dry and put away dishes
- Put away groceries
- Peel vegetables for dinner
- Empty trash and recycle bins

HOUSEHOLD

- Feed pets
- Water houseplants
- Pick up toys
- Wipe down stairs

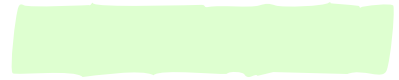


MYCHORES

FOR AGE 10-12



This chore chart is for:



Week of:



BEDROOM

- Change bed sheets
- Make the bed
- Declutter desk and shelves
- Do laundry
- Fold and put away clothes
- Vacuum floor and dust surfaces

BATHROOM

- Clean sink and bathtub
- Wipe down toilet
- Mop floor

OUTDOOR

- Rake leaves
- Pull weeds
- Take the garbage out
- Shovel snow
- Salt walkway
- Walk the dog
- Mow the lawn
- Help with spring planting

KITCHEN

- Unload and load dishwasher
- Set and clear dishes from the table
- Wash and dry dishes
- Wipe down table and counters
- Help prepare dinner
- Sweep and mop floor

HOUSEHOLD

- Feed pets
- Empty trash and recycle bins
- Vacuum and mop floors
- Be a "parent's helper" for younger siblings
- Clean windows and mirrors
- Help with larger projects like painting a room
- Change lightbulbs
- Help with basic home repairs
- Remove dust and webs from ceiling corners



MYCHORES



FOR AGE 13+

This chore
chart is for:

Week of:

BEDROOM

- Make the bed
- Change bed sheets
- Organize drawers and surfaces
- Organize closet
- Fold and put away clothes
- Vacuum floor and dust surfaces
- Do laundry, start to finish, including putting it away

BATHROOM

- Clean sink and bathtub
- Wipe down toilet
- Mop floor

OUTDOOR

- Rake leaves
- Pull weeds
- Take the garbage out
- Rinse out recycle and compost bins
- Shovel snow
- Walk the dog
- Change litter box
- Mow the lawn
- Help with spring planting
- Wash the car's interior and exterior
- Clean patio furniture
- Organize hallway shoes and boots

KITCHEN

- Unload and load dishwasher
- Set and clear dishes from the table
- Wash and dry dishes
- Wipe down table and counters
- Cook a full meal for the family
- Sweep and mop floor
- Wipe down appliance surfaces
- Clean inside of refrigerator
- Clean inside of microwave

HOUSEHOLD

- Feed pets
- Empty trash and recycle bins
- Vacuum and mop floors
- Be a "parent's helper" for younger siblings
- Clean windows and mirrors
- Help with larger projects like painting a room
- Assist with minor home repairs
- Pick up or bring younger siblings to school or extracurriculars
- Babysit siblings
- Iron clothes
- Manage household tech (changing the Wi-Fi password, troubleshooting tech issues around the house)

MYSRING

CHORE CHECKLIST



This chore chart is for:

Week of:

KITCHEN

- Check pantry for expired items
- Clean appliances
- Deep clean dishwasher
- Defrost and clean fridge/freezer
- Clean out cupboards and wash shelves
- Throw out mismatched containers

LAUNDRY ROOM

- Clean washer/dryer
- Sort mismatched socks
- Put away winter gear
- Donate unwanted/outgrown winter and sports gear

FAMILY ROOM

- Sort through video games and donate or exchange unwanted games
- Untangle cords and charges
- Create a "charging station"
- Replace batteries in controllers
- Sort out board games
- Remove furniture cushions and vacuum
- Wash decorative cushion covers

BEDROOM

- Flip mattress
- Sort outgrown clothing into donate/sell piles
- Throw out broken toys
- Donate old/unwanted toys or books
- Organize closet and drawers

HOUSEHOLD

- Test and replace batteries in smoke detectors
- Clean windows and window blinds/curtains
- Dust light fixtures and ceiling fans

GRADERN & OUTDOORS

- Sort through recreation equipments and wash or donate/sell
- Put out and clean patio/garden furnitures
- Spring clean garden beds by removing dead annual plants and leaves
- Pressure wash deck
- Wash out garbage and recycling bins
- Set up bird feeder

MY SUMMER CHORE CHECKLIST

This chore chart is for:

Week of:

OUTDOORS

- Plant seeds or flowers in the garden
- Cut the grass
- Vacuum the pool
- Clean the car
- Clean the garage
- Barbecue burgers
- Tidy up backyard/pool toys
- Organize backyard shed and sweep clean
- Fertilize or seed the lawn
- Water gardens and outdoor planters
- Organize a garage sale

KITCHEN

- Help bake treats or make jams with local fruits
- Organize Tupperware drawer
- Help shop at farmer's markets
- Wipe down backsplash

BEDROOM

- Donate outgrown clothes and shoes
- Sort and recycle school papers and supplies
- Return textbooks to school

HOUSEHOLD

- Organize a garage sale
- Clean exterior windows
- Wipe down exterior doors
- Launder beach towels



MYFALL

CHORE CHECKLIST

This chore chart is for:

Week of:

OUTDOORS

- Rake and bag leaves
- Seed and fertilize lawn
- Prune bushes
- Help close the pool
- Bring in patio furniture
- Prepare gardens for winter
- Pick apples from a local farm
- Sweep cobwebs from outdoor entrances
- Empty outdoor planters
- Move outdoor equipment and toys to storage
- Sort through summer clothes to give away
- Decorate the house for Halloween
- Spray down bicycles
- Organize garage for winter storage

KITCHEN

- Help make seasonal foods like canned tomatoes or apple crumble
- Carve the Halloween pumpkin
- Help with Thanksgiving dinner preparation
- Clean refrigerator interior
- Wipe down all cupboards and surfaces

BEDROOM

- Prepare desk for schoolwork
- Prepare school binders and supplies
- Put away or donate summer clothes and shoes

HOUSEHOLD

- Organize front hall closet
- Walk younger siblings to school and back
- Sort through old hats and mitts

MYWINTER CHORE CHECKLIST



This chore
chart is for:

Week of:

OUTDOORS

- Shovel driveway
- Salt front walkway
- Wrap holiday gifts
- Bring in firewood
- Bring in groceries from car
- Put up and take down holiday decorations

BEDROOM

- Declutter desk
- Donate outgrown winter clothes
- Wash blankets and bed cover

KITCHEN

- Help prepare holiday meals and treats
- Clean and organize spice cupboard
- Clean reusable lunch bags
- Learn a new cooking or baking skill

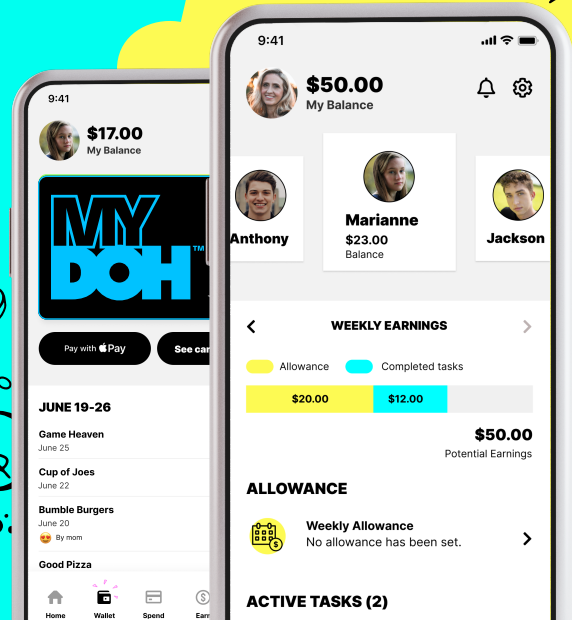
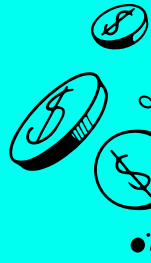
HOUSEHOLD

- Hang and dry winter sports equipment
- Wash winter jackets
- Wipe down baseboards
- Organize boots, mitts, and hats in hallway
- Help get younger siblings dress in winter gear
- Mop front hallway and vacuum door mats



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You Get Oversight

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